



***2022 New Mexico
Optometric Association
Mid-Year Convention***

Sponsored by

MacuHealth

Program & Registration Forms

September 30 - October 1, 2022

Inn of the Mountain Gods

Mescalero, New Mexico

Optometric Faculty & Continuing Education

Professor John Nolan, PhD

- * *Vitreous Antioxidants and Vitreous Floaters: Exploring the Links*
- * *Targeted Nutrition for the Macula: Optometry's Role in a New Era of Visual Function*

Dr. Claudio Lagunas

- * *Utilizing modern tools to diagnose, monitor and treat AMD.*

Dr. Pinakin Davey

- * *A Guide To Glaucoma Management*
- * *Diagnostic Benefit Beyond OCT: Cone Contrast Testing*
- * *Carotenoids and its Benefits: More Than Meets the Eyes*

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## The NMOA Appreciates our 2022-2023 Sponsors

**Eye Associates of NM** - *Diamond Level Sponsor*

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# 2022 NMOA Mid-Year Continuing Education

Friday, September 30, 2022

|         |                                                                                                                                       |            |
|---------|---------------------------------------------------------------------------------------------------------------------------------------|------------|
| 12noon  | Registration<br><i>Soda Break Sponsored by MacuHealth</i>                                                                             | MacuHealth |
| 1pm-2pm | OD Education - Professor John Nolan<br><i>Vitreous Antioxidants and Vitreous Floaters: Exploring the Links</i>                        |            |
| 2pm-3pm | OD Education - Professor John Nolan<br><i>Targeted Nutrition for the Macula:<br/>Optometry's Role in a New Era of Visual Function</i> |            |
| 3pm-5pm | OD Education TPA - Dr. Claudio Lagunas<br><i>Utilizing modern tools to diagnose, monitor and treat AMD.</i>                           |            |
|         | <i>Friday CE Sponsored by Macuhealth</i>                                                                                              | MacuHealth |
| 5pm-7pm | NMOA Mid-Year Convention Reception<br><i>Reception Sponsored by Macuhealth</i>                                                        | MacuHealth |

Saturday, October 1, 2022

|             |                                                                                                   |            |
|-------------|---------------------------------------------------------------------------------------------------|------------|
| 7:30am      | Registration<br><i>Continental Break Sponsored by MacuHealth</i>                                  | MacuHealth |
| 8am-10am    | OD Education TPA - Dr. Pinakin Davey<br><i>A Guide To Glaucoma Management</i>                     |            |
| 10am-11am   | OD Education - Dr. Pinakin Davey<br><i>Diagnostic Benefit Beyond OCT: Cone Contrast Testing</i>   |            |
| 11am-12noon | OD Education - Dr. Pinakin Davey<br><i>Carotenoids and its Benefits: More Than Meets the Eyes</i> |            |
| 12noon      | End of Mid-Year Convention                                                                        |            |

## ***2022 NMOA Mid-Year Faculty Biographies***

### ***Professor John Nolan***

Professor John Nolan is a Fulbright Scholar and currently holds a Chair for Human Nutrition Research at the School of Health Science, Waterford Institute of Technology, Ireland. Prof Nolan is the Founder and Director of the Nutrition Research Centre Ireland (NRCI). His research centre studies the role of nutrition for vision, cognitive function and prevention of age-related diseases. Professor Nolan has published 115 peer-reviewed scientific papers on his area of research (5920 = citations, H index = 47). A major career highlight is his role as Chair of the International Brain and Ocular Nutrition Conference (BON Conference), which is held at Downing College, Cambridge University ([www.bonconference.org](http://www.bonconference.org)).



### ***Claudio Lagunas, OD***

Dr. Claudio Lagunas has over 25 years experience in both commercial and private practice multiple location ownership and management. He currently has a Vision Source private practice with his wife and 5 associates in The Woodlands, TX. His oldest daughter is a fourth year Optometry Student at the University of Houston College of Optometry. He is the Medical Director and Administrator for Vision Source in the greater Houston area. He is an Alcon speaker, consultant, and key opinion leader for over 11 years. He is faculty for the Practitioners Visiting Alcon and Alcon Academy for Eye Care. Excellence programs in Fort Worth, TX. He was part of the Maculogix Speakers Alliance since 2019 and is a speaker and key opinion leader for Macuhealth since 2022. His hobbies include traveling to beautiful beaches around the world and spending time with his family.



### ***Pinakin Davey, PhD, OD, FAAO***

Dr. Pinakin Gunvant Davey is a tenured Professor at Western University of Health Sciences, College of Optometry. He holds Doctor of Optometry degree from Southern College of Optometry and a Ph.D. from Anglia Ruskin University in Cambridge, England, in the area of corneal biomechanics and its influence on glaucoma related measurements. His post-doctoral research fellowship at University of Louisville for three years was focused on improving imaging techniques in glaucoma. He has authored over 50 international publications, and has given over 100 conference and invited presentations both nationally and internationally. Dr. Davey research area is focused on retinal and optic nerve physiology and researches methods of improving vision in glaucoma and macular degeneration. Dr. Davey is a fellow of American Academy of Optometry (AAO) and a member of Optometric Glaucoma Society (OGS), Association for research in vision and Ophthalmology (ARVO), American Optometric Association (AOA).



# **2022 NMOA Mid-Year Convention Hotel Information.**

## **Inn of the Mountain Gods**

<http://innofthemountain gods.com/>

Toll-Free: (800) 545-9011

### **Experience a resort that is above and beyond.**

New Mexico's premier mountain resort awaits with impeccable service, mouthwatering cuisine for every palate, incredible gaming action, and breathtaking alpine scenery to nurture your soul.

Situated high in the picturesque mountains of Mescalero, New Mexico just outside of Ruidoso, guests return time and time again to Inn of the Mountain Gods to enjoy the clean mountain air, stunning panoramic views, and exciting entertainment options. Upon your arrival, you'll be greeted by a stunning lobby featuring a sweeping view of the snowcapped mountains, lake and championship golf course.

Guests have come to expect all of the little extras that come standard here at Inn of the Mountain Gods. From the moment you arrive, you'll be enchanted by original works of art throughout the property, roaring fireplaces in the lobby, and a tranquil setting that makes the everyday world feel a million miles away. Beyond that, discover an endless variety of activities, entertainment and escapes to make it a getaway you'll never forget.

"Attention to detail" best describes the guest rooms at the Inn of the Mountain Gods Resort and Casino. You won't find a more beautiful setting, a pleasing color palette relates the space to surrounding lands. From the warm glow of handcrafted lighting fixtures to the custom design of the clothing armoire to the spacious bathrooms to the feather pillows and pillow-top mattresses, the beautiful accommodations provide the relaxation and comfort you deserve.

Sorry, pets are not allowed.

#### **HOTEL RATES:**

**\$159.99 Single / \$169.99 Double + \$17/night resort fee - Double Queen**

**\$159.99 Single / \$169.99 Double + \$17/night resort fee - King**

**\$269.99 + \$17/night resort fee - Royal Suite**

*Resort fee covers valet parking, in room coffee/tea, bottled water, newspaper, use of bathrobes, sauna, hot tub, indoor pool, and fitness center.*

**DEADLINE FOR HOTEL RATES:                    August 30, 2022**

**RESERVATION PHONE#:                            1-800-545-9011**

***\*Please ask for the NM Optometric Association Rate\****

## **2022 NMOA Mid-Year Convention Highlights**

The 2022 New Mexico Optometric Association Mid-Year Convention offers 8 hours of quality continuing education for optometrists. In addition to the continuing education, this year's convention will offer an hors d'oeuvres reception for all registrants on Friday, September 30, 2022

### **What to Wear?**

Casual business attire is recommended for the participants of the 2022 NMOA Mid-Year Convention. Remember to bring a light jacket or sweater as the meeting rooms are sometimes cool.

### **Transportation**

The Inn of the Mountain Gods Resort and Casino is located in the beautiful Sacramento Mountains of South Central New Mexico, on the Mescalero Apache Reservation, adjacent to the mountain resort community of Ruidoso. In fact, our resort is only a ten minute drive from Midtown Ruidoso, the village's tourism center.

Easily accessible from all points of the compass, the Inn is Southern New Mexico's premier destination resort. So whether you plan to drive or fly we hope you find the information in the Resort's Travel Planning section helpful. And please remember their concierge desk is available to further assist you with your travel plans, Monday-Thursday 11am-7pm, Friday-Sunday 8am-8pm

A complete set of driving directions from all points on the compass is available at

<http://innofthemountaingods.com/maps-directions/>

The Inn is easy to drive to directly from just about anywhere in the American Southwest or from many nearby regional and international airports!

## **Ruidoso, NM is your New Mexico Vacation destination!**

Ruidoso, New Mexico, nestled in the cool pine trees at nearly 7,000 feet in the Sacramento Mountains of South Central New Mexico, lies the vacation paradise of Ruidoso. Ruidoso is the Spanish word for noisy. The village is named for the river that runs through it, the Rio Ruidoso or "Noisy River". The Rio Ruidoso has its headwaters up on the majestic 12,003 foot Sierra Blanca (White Mountain) that provides the back drop for our scenic village. The river winds through the beautiful Upper Canyon, the village of Ruidoso and finally down through the Hondo Valley.

Ruidoso weather is mild and great for enjoying the outdoors and the natural wonders that abound in Ruidoso, Lincoln County and the Lincoln

"What can you do here?", you ask? Almost completely surrounded by the White Mountain Wilderness and the Lincoln National Forest, there is hunting (rifle, bow, muzzleloader and camera) for everything from turkey to elk, fishing, horseback riding, kite flying, backpacking, hiking, camping, skiing, tubing, sledding and lots of golf (golf all year round).

In the village itself is every kind of gift shop you can imagine (and some you can't imagine), go-carts for kids of all ages, children's boat ride, pony rides, mini-golf, maze, rock wall climb, coffee shops complete with wi-fi, clothing stores and any kind of restaurant from fast food to steak houses. A movie theater with three screens and venues for several live shows, including (during the summer months) a western shootout, authentic cowboy meal and music.

Relax with a pleasant stroll along the Rio Ruidoso near mid-town or on an exercise trail just minutes from the village, but giving you the feeling that you are miles back in the woods. In other words, you don't have to get a baby sitter to do things in Ruidoso, NM. Instead, why not use the opportunity to get closer to your family?

Check the following websites for more information on activities in Ruidoso:

[www.ruidoso.net](http://www.ruidoso.net)

[www.ruidoso.com](http://www.ruidoso.com)

[www.ruidosonow.com](http://www.ruidosonow.com)

## 2022 NMOA Mid-Year Registration

Please complete the registration and return with check to the NMOA:

1335 Paseo del Pueblo Sur, #241

Taos, New Mexico 87571

For answers to your questions, please contact Richard Montoya,

NMOA office: 575-751-7242 or [newmexicooptometry@gmail.com](mailto:newmexicooptometry@gmail.com)

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Doctor's Name: _____ (please print)

Classification:

NMOA / AOA Member OD ()

Non NMOA OD ()

NMOA Life Member ()

NMOA Retired Member ()

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Fees Enclosed

Doctor: \$_____ Name for Badge: _____

Spouse / Guest: \$_____ Name for Badge: _____

Total Check Enclosed: \$_____

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### Registration Fees

*\*The first price listed is the Early Bird Registration Rate\**

|                        |                     |
|------------------------|---------------------|
| NMOA / AOA Member OD   | \$200.00 / \$220.00 |
| NMOA Life Member OD    | \$60.00 / \$80.00   |
| NMOA Retired Member OD | \$80.00 / \$100.00  |
| NMOA Non-Member OD     | \$280.00 / \$300.00 |
| Spouse / Guest         | \$40.00 / \$60.00   |

**Register Early!!**

**Register before September 14th and receive the Early Bird Rate**